

Our Bangalore Bureau

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Insurance cover sought for ayurvedic treatment

ayurvedic treatments, this facility is not available in our own country." He said the gov-

IF YOU thought you could go for that rejuvenating treatment at a well-known ayurvedic clinic for your niggling back ache (which you developed in the first place due to sitting in the office for 14 hours) and come back and claim reimbursement, think again! Very few offices in this country compensate for treatment

under this 5,000-year-old indigenous system of medicine.

Although India has emerged as the global destination for healthcare, its own systems of medicines like ayurveda, siddha, unani lie neglected. While allopathy gets insurance coverage and is reim-

bursable in workplaces, the same is not the case with ayurveda and other indigenous systems of medicine.

Says Dr Prashanth S Acharya, Medical Director, Arth, "While Russia and some African countries reimburse money for panchakarma and other

ernment should enact a law to bring ayurveda under insurance coverage. This ancient well-documented system, he said, provided a time-tested treatment to cope with present lifestyle diseases such as diabetes, hypertension, stress related problems and occupational hazards.