

# TESTIMONIAL FORM



Arth-An Ayurvedic Health Center  
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1. NAME Sarah Bass 2. Age 44 3. Sex F 4. DOB 22.1.13  
5. Occupation Holistic Therapist, lecturer (also Council officer)

6. Address: [REDACTED]

8. Contact Number ( Mobile /Landline ) [REDACTED]

What is your overall feeling about Arth ?

I have thoroughly enjoyed my morning at Arth - I am really pleased to see the 'Health' aspect more than it being Holistic /spiritual. The lifestyle changes and thoroughness of the treatment is really interesting.

Give us an observation of yours that made your stay/visit relatively comfortable/uncomfortable in the center

Very welcoming and knowledgeable team, keen to share experience and enquire about my practice. no bad points!

Do you wish to compliment any staff for outstanding care and service? Kindly mention the name

Dr Navyashree Subraynam.

Would you recommend our services to friends/family, if yes ,why ?

Yes, I think that the credibility that Arth has and gives me, should be shared wider. I look forward to further my study by reading and hope to make contact with Ayurvedic practitioners in the UK when I return.

Kindly check box if you don't mind if Arth uses your full name and comments for promotional purposes

Thank you... Arth really appreciate your honest answers.